

Deteriorating health

If you notice signs that are unusual for a person take action

Observe the person for signs of deteriorating health



Minor illness or change in health can quickly become life threatening for a person with disability

This is especially important for people with swallowing issues

Identify when urgent medical attention is required

Seek advice and support if you are unsure

What should I look for?

- coughing
- vomiting
- shivering or sweating
- attempts at self-injury

Changes in a person's

- eating or drinking
- skin changes (rash, swelling or blisters)
- skin or lip colour (blue/grey)
- behaviour
- toilet habits
- sleeping pattern
- mobility
- facial expressions
- body movements
- mood (tiredness or aggression)

Don't delay! Reach out for help

In a medical emergency call 000

If it is not a medical emergency call

- their GP
- NURSE-ON-CALL 1300 60 60 24

Other important numbers
